



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

SUMMER 2017  
NEW BRITAIN YMCA (EFFECTIVE UNTIL LABOR DAY)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Lap Swim 6AM – 8AM	Adult Lap Swim 6AM – 8AM	Adult Lap Swim 6AM – 8AM	Adult Lap Swim 6AM – 8AM	Adult Lap Swim 6AM – 8AM	Adult Lap Swim 6AM – 8AM	
Water Aerobics 8AM – 9AM	Water Aerobics 8AM – 9AM	Water Aerobics 8AM – 9AM	Water Aerobics 8AM – 9AM	Water Aerobics 8AM – 9AM	Open Swim 8AM-9AM	
Open Swim 9AM – 10AM	Open Swim 9AM-11AM	Open Swim 9AM – 10AM	Aqua Zumba® 9AM – 10AM (CLOSED)	Open Swim 9AM – 10AM	Group Lessons 9AM – 12PM (CLOSED)	
Camp Swim 9:30AM-12PM (CLOSED)	Camp Swim 10AM-12PM (CLOSED)	Camp Swim 9:30AM-12PM (CLOSED)	Camp Swim 10AM-12PM (CLOSED)	Camp Swim 9:30AM-12PM (CLOSED)	Open Swim 12PM – 4PM (SPACE LIMITED)	Open Swim 10AM – 4PM
Adult Lap Swim 12PM – 2PM	Adult Lap Swim 12PM – 2PM	Adult Lap Swim 12PM – 2PM	Adult Lap Swim 12PM – 2PM	Adult Lap Swim 12PM – 2PM		
Open Swim 2PM – 5PM	Open Swim 2PM-8PM (SPACE LIMITED)	Open Swim 2PM – 8PM (SPACE LIMITED)	Open Swim 2PM – 7PM	Open Swim 2PM – 5PM	CLOSED 4PM – 6:30PM	CLOSED 4PM – 5PM
Group Lessons 5PM – 7PM (SPACE LIMITED)	½ Reserved 7PM-8PM (SPACE LIMITED)	CLOSED 8PM – 9PM	Aqua Zumba® 7PM – 7:45PM (CLOSED)	Group Lessons 5PM – 7PM (SPACE LIMITED)		
Aqua Zumba® 7PM - 7:45PM (CLOSED)	CLOSED 8PM-9PM		CLOSED 8PM – 9PM	CLOSED 8PM – 9PM		
CLOSED 8PM-9PM						

## Pool Schedule

The schedule is subject to change. Please contact the Welcome Center for the most up-to-date schedule.

## Private Lessons

Private Lessons may occur at any time where space is available.

## Group Lessons

Group lessons have priority space in the pool. Sections of the pool may be temporarily closed to accommodate group lessons.

## Fitness Classes

During Group Exercise classes, the pool is closed to members not participating in the class.

### NEW BRITAIN-BERLIN YMCA

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