



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NEW BRITAIN YMCA POOL SCHEDULE FALL 2020- BY RESERVATION FOR MEMBERS ONLY

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Adult Lap Swim 7AM-8AM	Adult Lap Swim 7AM-9AM	Adult Lap Swim 6AM-8AM	Adult Lap Swim 6AM-8AM	Adult Lap Swim 6AM-8AM	Adult Lap Swim 6AM-8AM	Adult Lap Swim 6AM-8AM
Group Swim Lessons 8:30AM-12PM	Adult Lap Swim 9AM-12PM	Water Aerobics 8AM-9AM (CLOSED)	Water Aerobics 8AM-9AM (CLOSED)	Water Aerobics 8AM-9AM (CLOSED)	Water Aerobics 8AM-9AM (CLOSED)	Water Aerobics 8AM-9AM (CLOSED)
		Lap Swim 9AM-11AM	Lap Swim 9AM-11AM	Lap Swim 9AM-11AM	Lap Swim 9AM-11AM	Aqua Fit 9:15AM-10AM
		Lap Swim 11AM-1PM	Lap Swim 11AM-1PM	Lap Swim 11AM-1PM	Lap Swim 11AM-1PM	Lap Swim 10AM-1PM
		Facility CLOSED 1PM-3PM	Facility CLOSED 1PM-3PM	Facility CLOSED 1PM-3PM	Facility CLOSED 1PM-3PM	Facility CLOSED 1PM-3PM
		Lap Swim 3PM-5PM	Lap Swim 3PM-5PM	Lap Swim 3PM-5PM	Lap Swim 3PM-5PM	Lap Swim 3PM-5PM
					Lap Swim 5PM-7PM	Lap Swim 5PM-8PM
		Lap Swim 5PM-8PM	Lap Swim 5PM-8PM	Lap Swim 5PM-8PM		
					Aqua Zumba 7PM-8PM (CLOSED)	

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