



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## Directions to the Meriden YMCA Mountain Mist Outdoor Center and Day Camp

### I91 South:

1. Take exit 19 Preston Ave. exit.
2. At the end of the ramp take a left.
3. Follow Preston Avenue until you reach the traffic light on the corner of East Main St. and Preston Ave.
4. Cross East Main St. onto Cone Avenue. Cone Avenue becomes Thorpe Avenue.
5. Continue until you see High Hill road on your left
6. Turn left on to High Hill Road and follow to the very end.
7. Mountain Mist will be on your left.

### I91 North:

1. Take exit 16 East Main Street
2. At the end of the ramp take a right.
3. Proceed through three traffic lights.
4. At the intersection of East Main and Preston Avenue, take a right onto Cone Avenue. Cone Avenue becomes Thorpe Avenue.
5. Continue until you see High Hill Road on your left
6. Turn left on to High Hill Road and follow to the very end.
7. Mountain Mist will be on your left.

### 691 East:

1. Take exit 12 the Preston Ave. exit.
2. At the end of the ramp take a right onto Preston Avenue.
3. Follow Preston Avenue until you reach the traffic light on the corner of E. Main St. and Preston Avenue.
4. Cross East Main St. onto Cone Avenue. Cone Avenue becomes Thorpe Avenue.
5. Continue until you see High Hill road on your left
6. Turn left on to High Hill Road and follow to the very end.
7. Mountain Mist will be on your left.

### **MERIDEN YMCA**

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**[www.meridenymca.org](http://www.meridenymca.org)**

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