



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Thanks for registering for the Berlin Y-Ski Club!

Here's a list of helpful information that will make everyone's ski-club experience enjoyable! If you have any questions or concerns, please feel free to let me know. All communications about the ski club will be done via email to the email address you provided on the registration form.

Thanks

D'

Youth & Family Director

(860) 357-2717 or Email: ddaigle@nbbymca.org

-
- **Snacks/Dinner:** The food is a bit costly at Mt. Southington, so we suggest bringing your own food. No lunch boxes, coolers, etc. Disposable food bags are best, as they can just be thrown out after we've eaten. Participants that bring their own food money –must be responsible not to lose it. Everyone will get time to go in groups to the food area and will be expected to check-in with the Chaperone in the lodge.
 - **Ski/Snowboard Lessons:** Those participants that have registered for lessons are expected to take their lessons unless the director/chaperone has received a note from a parent excusing that child from doing the lesson. Mt. Southington Staff coordinate all lessons and a Ski Club Chaperone will escort children to the lesson area when we arrive.
 - **Upon arrival to Mt. Southington:** We secure a "home area" in the ski lodge where participants will keep all their belongings (bags & shoes, etc.) However with many other groups sharing space, we still ask that all items are clearly labeled with your child's name in case something gets misplaced or is left behind and brought to the Lost & Found at the Mountain. All participants are responsible for their belongings.
 - **Dress appropriately! Gloves & a hat are a MUST!** It's ALWAYS a lot colder at the mountain. We recommend not wearing jeans, as they take a long time to dry once they get wet...but if you are going to wear jeans, please make sure you have a second layer of clothes underneath. **Ski pants are highly recommended.** **Helmets** are recommended by Mt. Southington, but not required. Other suggested items include: warm socks, a turtleneck, a scarf, ski goggles or sunglasses, and a ski parka/coat. Goggles or sunglasses are extremely important especially when there is new snow.
 - **Participants bringing their own equipment:** Each school will have a list of those participating in the Ski Club. If your child has their own equipment, please check with your school office as we will have made arrangements for the equipment to be put somewhere safe until the end of the school day. **Please make sure all equipment is secure before and labeled.**
 - **Supervision & Safety:** We use the BUDDY SYSTEM at all times when at Mt. Southington. We ask that parents help reinforce the importance of staying with the group and with a buddy at all times. It's best if participants group themselves with others that are able to ski/snowboard on the same hill –which is based on skill level. In addition- all participants will be instructed on the first day that they must "check-in" every hour with the Ski-Club Chaperone stationed in the lodge. This is done EVERY week, on the hour, EVERY hour. Anyone that does not follow the check-in rules will be asked to come off the mountain and will have ski/snowboard time taken away (that same day or at the next scheduled ski club day).
 - **New skiers/snowboarders:** Are NOT allowed to progress to larger hills unless their Lesson Instructor brings them to the larger hills with lessons or they have been "tested" and then ski with a YMCA chaperone. If participants are unsure where they can go – they should ask a Mt. Southington Staff member or Y-Ski Club Chaperone.
 - **Cancellations:** If one of the Y-Ski Club days is cancelled due to inclement weather or extreme cold, an email blast will be sent to parents by 11am of the scheduled ski club day. *The email will be sent to the email address you provided on the registration form.* All Schools will be notified of the cancellation as well. Please note that every effort will be made for a make-up day to be offered. We will receive the makeup date from Mt. Southington and then notify the parents & participants via email once again.

more →

Know the Code

Mount Southington Ski Area

Your Responsibility Code

Observe the code listed below and share with other skiers and riders the responsibility of a great winter recreation experience.

- Always stay in control and be able to stop or avoid other people or objects.
- People ahead of you have the right of way. It is your responsibility to avoid them.
- You must not stop where you obstruct a trail, or are not visible from above.
- Whenever starting downhill or merging into a trail, look uphill and yield to others.
- Always use devices to help prevent runaway equipment.
- Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
- Prior to using any lift, you must have the knowledge and ability to load, ride, and unload safely.

For Your Safety

Safety Bar:

While riding the chairlift the safety bar **MUST** be used as prompted by signs upon loading and before unloading. Also, to avoid slipping off the chairlift sit with your back against the chair and remain facing forward. Please, no horse play, for safety sake!

Use of Helmets:

Mount Southington recommends the use of helmets. In some situations they can be helpful in avoiding an accident. There have been many topics concerning the pros and cons of helmet use. The final decision rests with the parent/guardian. At the present time Mount Southington does not rent helmets. Helmets may be purchased at our Ski Shop when the ski area is in operation or at various ski outfitting stores and should be properly fit to maximize their effectiveness. For further information on this topic please visit The National Ski Areas Association website at <http://www.nsaa.org/safety-programs/lids-on-kids/>.

Mount Southington's Courteous Skier/Rider Policy

We at Mount Southington believe all skiers and riders have the right to a safe and pleasant place to ski. Equally, each skier and rider has the responsibility to protect others' rights to the same skiing/riding experience.

Therefore, the Management, the Rangers, Ski Patrol, and Ski School Instructors are authorized to rescind the skiing privileges of anyone who creates a nuisance or endangers themselves or others.

Dangerous or undesirable conduct is:

1. Foul language.
2. Lift line cutting. Skiing/Riding at excessive speeds.
3. Refusal to use the safety bars provided.
4. Jumping from the chairlift or bouncing the chair.
5. Removing hazard markers, flags, or poles.
6. Unauthorized or unpaid skiing or riding through race courses.
7. Use of alcohol or drugs.